OCTOBER 2000

## **FREE lipstick & fragrance**

# Hair & Ha

# Men who love women with curves

## What every woman deserves to know

The emotional makeover that reveals the **REAL YOU** 

EXCLUSIVE Why I should be First Lady' BY TIPPER GORE & LAURA BUSH

Boost your metabolism



Calista Flockhart campaigns against female genital mutilation

# fashion & beauty

# BEST BUYS Splurge vs steal

marie claire BEAUTY

side scoop from Beaut Director Alexandra Parnass

# tried & tested

Love the new shimmering Go Wink shadows from Estée Lauder. Apply dry for sheer color, or use a wet brush to get a glossy-lid look.

Bored with your usual fragrance? Try one of this season's new scents -all are sexy. feminine and lingering. TRY: Burberry Touch for Women (top). Givenchy Oblique (middle), Cerruti Image Woman (bottom).

#### wrinkle eraser

The latest hi-tech tool for smoothing wrinkles is the CoolTouch laser. Treatments are done in a doctor's office, usually two to three weeks apart, in a series of three to six, And you can do it on your lunch hour! "There is no wound or bleeding, so no one will have a clue that a procedure has been performed," explains David J. Goldberg, M.D.,



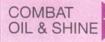
AFTER: TWO TREATMENTS IN ONE MONTH

#### alexandra investigates

Have you had a "lunchtime peel" yet? Performed by dermatologists and plastic surgeons, they are recommended for acne, fine lines and hyperpigmentation. The word peel is a misnomer-no one is actually peeling anything off your face. What really happens: The doctor paints a potent mixture of alpha and beta hydroxy acids that tingle on your face for a few minutes, then you rinse it off. That's it-your skin looks fresher and smoother instantly. But these peels cost \$150-\$225, and are recommended in a series of three to six. Which equals a lot of cash. I wanted something I could try at home instead, and I really liked the Alpha Beta Peel Home Facial System, \$60 (888-830SKIN). Created by dermatologist Dennis Gross, M.D., this package consists of two jars of pre-medicated pads. First, you rub a Step 1 pad, which has alpha and beta hydroxy acids in it, over your face. Wait three minutes, then rub on a Step 2 pad, which neutralizes the acids and deposits a moisturizer on your skin. To be used every a.m. The results are cumulative: After 2 weeks, my skin definitely looks smoother.

#### GET GREAT SKIN Use these new complexion-

perfecting treatments to:



BATTLE

AGING

- Origins Oil Refiner Toner OIL & SHINE Duvena Skinmarine Mattifying Moisturizing Fluid
- M.A.C Strobe Cream REVITALIZE Peter Thomas Roth Power TIRED SKIN C Ultra Lite Skin Luminizer
  - Chanel Age Delay TRY Rejuvenation Serum
  - Avon Anew RetroActive

# shiny locks

The Conair Mini Straightener, \$12.99. is small and light-stash it in your overnight bag or gym tote. Makes your hair shiny and sleek in just minutes.

Prada!

You now have yet another reason to blow your pacheck at Prada: skincare. Every item-from cleanser to face mask-is sold in single-serving packages, which makes these accessible and, most of all, potent. Air-tight packaging means powerful skin-saving ingredients like Vitamin C and retinol, stay fresh and active.