

SPECIAL BEAUTY ISSUE

Latina

BEYOND BOMBSHELL

THE TRUTH ABOUT
LATINA BEAUTY

DATING SHORTY
SHOULD YOU TOSS
OUT THOSE HIGH HEELS?

SPRING FLING
FRESH FASHIONS,
FRAGANCIAS,
ACCESSORIES, AND STYLES

STRIKE A MATCH
HOW TO HOOK UP
YOUR FRIENDS

PLUS:

Penélope Cruz
Salma Hayek
Cameron Diaz
Freddy Prinze Jr.
Cheech Marin
Christy Turlington

Sofía's Choice

La Vergara makes the most of her sex appeal

\$2.50

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MARCH 2001

Laser-smooth

ADVENTURES IN BEAUTY



Without warning, there is a sharp jolt followed by the lingering odor of burning *pe/o*. You can't help thinking about the trials some women put themselves through for hair-free skin. World-renowned dermatologist David J. Goldberg, M.D., a laser surgeon at the Skin Laser & Surgery Specialists of New York and New Jersey, is an expert in laser hair removal for women of color. He begins by applying a cooling ointment to minimize discomfort and protect the outer layers of skin. Next, he positions the CoolGlide or Lyra Laser to

transmit the appropriate wavelengths of light, which are absorbed into the hair's pigmentation. "Women of color need less light energy and longer duration on the skin," says Dr. Goldberg. Although you are out in no time, the process is not that simple. Dr. Goldberg advises doing your homework. "Have the doctor show you pictures of patients treated, and ask if you can talk to them about their experience," he suggests. Also find out if the same laser is used on women of all skin tones and if the surgeon rents the machine. "If either answer is yes, run out the door," he warns. Possible side effects include redness, but if the procedure is done incorrectly, scarring and hyperpigmentation are risks for *all* women of color. The cost can range from less than \$200 to up to \$2,000, depending on the area involved and number of sessions. Laser use may be painful, yet it is the most effective hair-removal technique around. *Yesenia Almonte*

Sin previo aviso, sientes un sacudon seguido por el olor a pelo quemado. Y piensas cuan lejos estamos dispuestas a ir para eliminar los pelos de la piel. El reconocido dermatologo y cirujano, David J. Goldberg, se especializa en quitar pelo con laser a las mujeres de color. "La manera de tratar a las mujeres de color es con menos energia de luz y aplicandola a la piel durante mas tiempo", dice el doctor Goldberg. A aquellas que esten en busca de un medico que les haga el procedimiento.

el les recomienda que les pidan fotos de otras pacientes que haya tratado y, si es posible, hablar con ellas sobre sus experiencias. El laser puede ser doloroso pero es la mejor manera de eliminar pelo. El tratamiento puede costar de \$200 a \$2,000

TWEEZERMAN MANICURE KIT:

Grow beautifully manicured nails with these tools: a nail brush, a nail file, a cuticle pusher and nipper, a toenail/acrylic clip, and manicure sticks. *Estuche de implementos de manicura para tener uñas bellas*



SHISEIDO MULTI-TREATMENT HAIR LOTION:

Look no further to repair hair cuticles with every use, protect against heat styling, and add volume when you blow dry. *Esta locion repara la cuticula del cabello y lo protegé contra calor del secador.*



Editors' picks

PALMER'S COCOA BUTTER FORMULA NUTRIENT ENRICHED CREAM:

A moisturizer with natural cocoa butter, antioxidants, and essential vitamins, it softens skin without leaving any greasy feeling. *Esta crema hidratante te suaviza la piel sin que la sientas grasosa.*



TRISH McEVoy LUXURY GIRL:

Go from day to evening with this gorgeous palette, which features three eye shadows and two lip colors.

Estuche de maquillaje con tres sombras para los ojos y dos tonos labiales

