

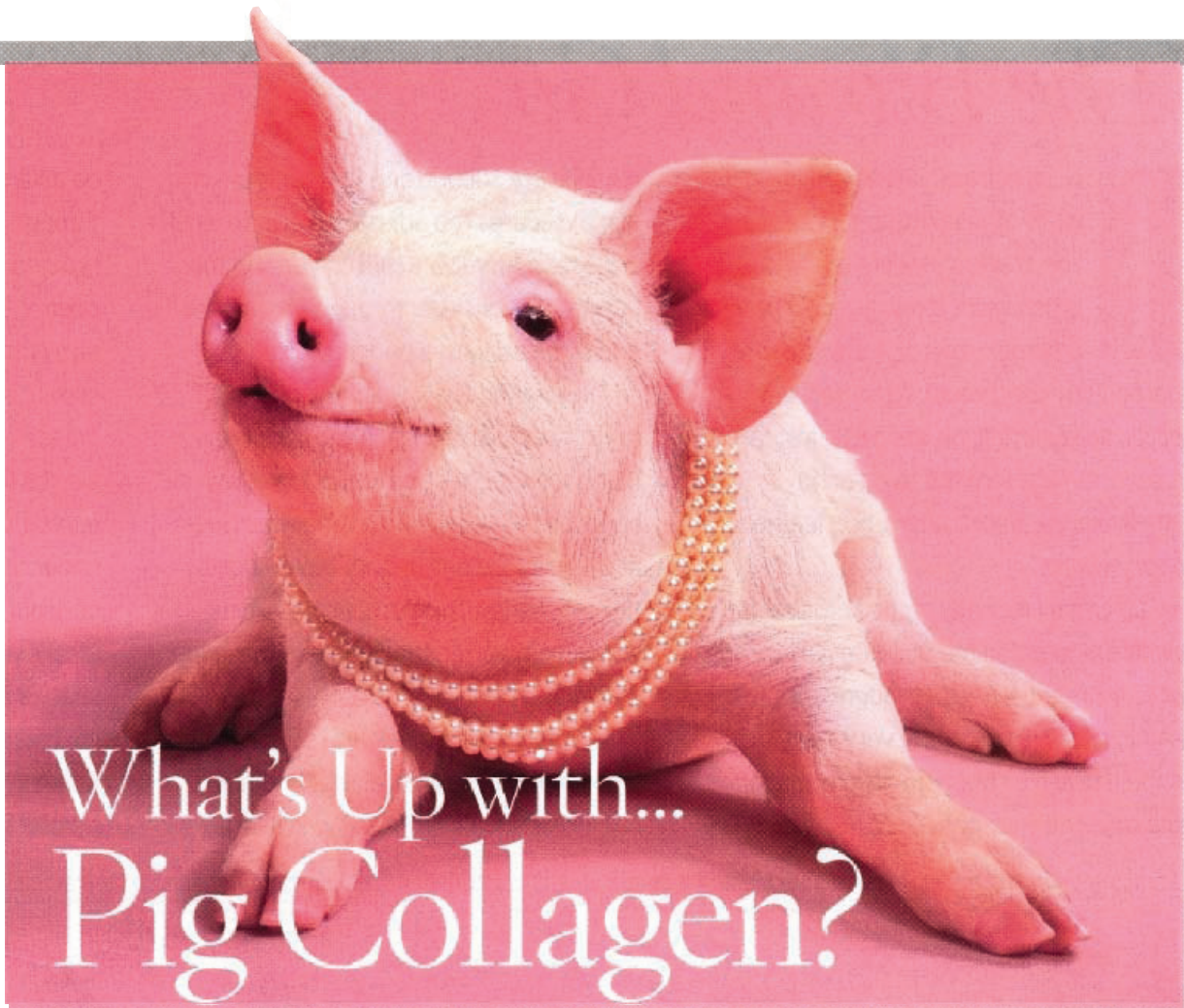
# BEAUTY GAZETTE

A new facial filler.. .two mascaras everyone's buzzing about.. .the trick to transforming sparse brows...

## Who Knew?

■ You can hum your way to better skin. "[Humming] boots nitric oxide, a nifty little body gas that, in small doses, has a stress-reducing effect. . . . It promotes wound healing, new collagen formation, and dilation of the blood vessels in the dermis."

--- Excerpted from *The Mind-Beauty Connection: 9 Days to More Beautiful and Youthful Skin from the Inside Out*, by Amy Wechsler, MD, who likes to hum Jack Johnson's "Better Together" and Patty Griffin's "Heavenly Day"



**I**f plumping your face with a filler is the kind of thing you go for, you might want to talk to your dermatologist about the newest option: Evolence, a collagen made from pigs' tendons. (We had to ask: What if you keep kosher? No problem; the product was developed in Israel and has rabbinical approval, says **David Goldberg, MD, clinical professor of dermatology at Mount Sinai School of Medicine.**) Dermatologists are excited about Evolence because of its longevity. While other collagens have been around

for decades (derived first from cows, then lab-grown human foreskin tissue) and give natural results with minimal bruising and swelling, they last only three to six months. "**But Evolence lasts nine to 12 months,**" says Goldberg, who recommends the thickish formula for filling deeper folds, like those that may run from the nose to the mouth. A less viscous version of the product, called Evolence Breeze, is in clinical trials and should be available late next year; it will be more appropriate for plumping lips (or the fine lines around them). --JENNY BAILLY

## The Easier Way ... TO CLEAN UP SPILLED NAIL POLISH

■ When your favorite crimson pigment drips on the dining room table, what do you do? Sprint for the nail polish remover? Furiously wipe at it with a paper towel? "That's exactly what you shouldn't do - remover will damage the varnish on the table; rubbing it will spread the stain," says Ji Baek, author of *Rescue Your Nails* and owner of Rescue Beauty Lounge in New York City. "Instead, walk away. When the polish is completely dry, gently flick it off." We tested Ji's advice on a countertop in our office and easily scraped off all the dried polish. (Whew!) Ji says her method works on shoes and handbags, too. We'll take her word on that. --KATE SANDOVAL >

Don't cry over spills.  
Lippmann Collection nail  
lacquer in Fever, \$15.

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