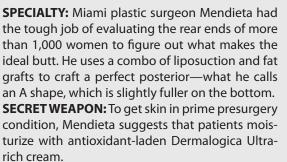
## **ELLE BEAUTY GENIUS AWARDS SKIN**



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CONSTANTINO MENDIETA, MD



QUICK FIX: Two weeks post-new-behind-sculpt, he prescribes endermologie on removal areas only "to drain lymph nodes, speeding recovery."



THE **ERASER** 

**MADY SHANY** 

**SPECIALTY:** Facialist Shany, owner of Jady Advanced Skincare in L.A. and a former chemist, whips up her own products including more than 45 types of masks to treat the acne of Hollywood's A-list.

**SECRET WEAPON:** "Bacteria figures out what you are using to kill it and becomes immune to ingredients," Shany says. For that reason, she has clients rotate their skincare regimens every three to four

**QUICK FIX:** "The Peter Thomas Roth Power C Souffle is amazing for dry, blemish-prone complexions," she says. "It's especially great at minimizing inflammation."



MOUTH **GUARD** 

**STEVEN BUTENSKY, DDS** 

**SPECIALTY:** A director of aesthetic dentistry at New York University School of Dentistry in NYC, Butensky treats financial titans and Nobel Prize winners.

**SECRET WEAPON:** According to Butensky, 85 percent of the population grinds its teeth, building muscle on the sides of the face. To prevent chipmunk cheeks, he prescribes a night guard to limit gnashing.

QUICK FIX: "Crest Whitestrips are a simple product, and I like them," he says. "Bleach is bleach, but using these a couple of times a year won't put you at risk of damaging enamel by abusing the active ingredient."



BEAM **DEAN** 

DAVID J. **GOLDBERG, MD** 

**SPECIALTY:** Dermatologist Goldberg, the director of laser research at New York City's Mount Sinai School of Medicine, spends almost as much time publishing research on lasers as he does seeing

**SECRET WEAPON:** Nothing gets rid of cellulite permanently, but "we tested Accent, and the results lasted six months longer than Vela-Smooth or other devices," he says.

**QUICK FIX:** The new fractionated CO<sub>2</sub> laser.

It has fewer risks of adverse reaction than the original CO<sub>2</sub>, formerly tops for removing deer wrinkles. "You get the same line reduction with no hyperpigmentation threat," he says.







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