

# REFINERY29

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## Next-Gen Beauty: The Future Is Already Here

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### Body Rejuvenation

Cellulite and sculpting aren't the only treatments available for the body. There are also new technologies that can address everything from excessive sweating to uneven skin tone.

### MelaFind

In the fight against melanoma, MelaFind might just be your dermatologist's new best friend. Traditionally, doctors would need to biopsy suspicious moles to assess if they might be cancerous. "With this new imaging device, we now have a way to assess

moles and the probability of whether they are skin cancer without doing a biopsy," says Dr. Sadick. The device does not, however, identify the abnormal moles in the first place, notes Dr. Julie Karen, a spokesperson for the [Skin Cancer Foundation](#). "It is an amazing device in its ability to process lesions and determine if it is melanoma, but it does not replace your doctor's initial examination," she says. Translation: Your doctor needs to first identify a suspect mole and use the device on it to determine if it is melanoma — the machine does not scan your entire body and find melanomas. The device isn't currently offered in a large number of doctor's offices, scans cost about \$150 per patient to screen their moles, and it should be done once a year at your annual skin check. That said, both Dr. Sadick and Dr. Karen agree that MelaFind is a very helpful device for patients that have "tons" of atypical moles, as it means a potential reduction in the amount of biopsies that person will have to undergo.

### **Vargas Healing Bed**

LED treatments — using red and near infrared light — have been on the market for quite some time, but celebrity aesthetician Joanna Vargas is the first person to take the LED concept and create a full-body experience. "Studies have shown that LED light builds collagen in quantifiable percentages, brings down inflammation, corrects damage to the surface of the skin, and speeds up the body's healing process," she says. Her Healing Bed is a full-body treatment (it looks a bit like a tanning bed) lined with panels of red and near-infrared lights. Clients strip down and lay in the bed for 20 minutes, then get dressed and head on their merry ways. After a series of 12 sessions, once a month, Vargas says the bed will provide "amazing" results, including a reduction in stretch marks and cellulite, firmer skin, reduced acne scars and fine lines, smaller pores, stronger skin, and less visible sun damage. Currently, the treatment is only available at her salon (with each session costing \$150, or \$225 for her signature Sleeping Beauty Treatment — which includes microdermabrasion beforehand and a pure oxygen treatment afterwards), but Vargas believes in her treatment so much, she's applied for (and, just recently, been granted) a patent on the bed. She plans to start selling the bed to other spas and aestheticians, meaning more Healing Beds will start popping up nationwide in as little as six months.

### **MiraDry**

Excessive sweating may not seem like something worthy of a high-priced dermatological device, but for anyone who has ever suffered from it, the new [MiraDry](#) treatment might just be the sweat-free savior they've been looking for. "It uses microwave thermal energy to destroy sweat glands," explains Dr. David Goldberg, an NYC dermatologist and director of the [Skin Laser & Surgery Specialists of NY & NJ](#). The treatment is done in two parts, about three months apart, and costs around \$2,500 total. That may seem steep, until you look a little more closely at the cost of Botox, the

traditional treatment of choice: "Botox costs about \$2,000 per injection for the armpit, and only lasts about six months. In 90 percent of MiraDry patients, we've seen it last at least two years in long-term sweat reduction," says Dr. Goldberg.