

Soothing solutions for rough winter skin

Check out some little-known skin facts and tips to avoid seasonal skin woes.



Dr. Dendy Engelman, Dermatologist

Following a few of these simple tips will rescue dry skin and deliver Good Skin Days all season long.

- ✿ Holiday travel takes a toll on your skin. The humidity of an airplane cabin is around 1%, sapping skin of moisture. **CARRY ON.** Applying lotion before and after flights will keep skin feeling great.
- ✿ Water evaporates from skin in just one minute after toweling off post-shower or bath. **TIME AND PLACE.** Keep a fast-absorbing lotion like Vaseline® Intensive Rescue® close by so that you can lock in moisture within that minute.
- ✿ The amount of water you drink daily doesn't directly affect the moisture level in your skin. **MYTH BUSTER.** An effective lotion can affect your skin's moisture level by locking in what's already there.



Scratchy wools can irritate skin and cause cracking. An effective moisturizer can prevent and treat dryness.

Science Behind Great Skin

Vaseline® Intensive Rescue®

Accelerates healing of dry skin by instantly tripling skin's moisture reserves.

Delivers more moisture than Eucerin Plus Intensive Repair Lotion*, without a greasy feel.

Three specially formulated variants for individual skin needs.



* Based on both external and internal clinical testing.

For more skin tips and your free sample*, visit dryskinrescue.com/realsimple

* While supplies last.

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