



Flaunt it! Look toned and taut like models Bianca Balti (left) and Doutzen Kroes (backstage at Michael Kors) with cutting-edge treatments that deliver real results

LASER AND LIGHT TREATMENTS

Currently undergoing FDA trials is Accent which is similar to VelaSmooth but reaches a deeper level. "We're seeing even greater results than with VelaSmooth," says dermatologist David J. Goldberg, M.D. (212-750-8900), who as director of the Skin Laser & Surgery Specialists of New York & New Jersey is one of the doctors conducting the FDA clinical trials. In Europe, where Accent has been used for more than a year, patients have also reported weight loss. The course of treatment is once every two to four weeks for a total of six sessions. Prices are yet to be determined since the system is still in the trial phase, but they should be comparable to VelaSmooth's. FDA approval is expected soon.

CREAMS & SERUMS

Topical cellulite treatments have been given the cold shoulder by the medical community, but devotees swear they make a difference. "Of course professional treatments achieve more dramatic results, but a cream is easy to use and inexpensive and may be applied daily," says Sylvianne Schnebert, an R&D scientist at Dior beauty. Most work by hydrating and plumping the skin, "which makes the peaks and valleys of cellulite less visible," says Goldberg. "But the results are temporary because you're not actually treating the cellulite." Still, diligent use can result in a smoother appearance. Look for ingredients like caffeine, and butcher's brook, which are said to improve circulation and help break down fat.

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Best Beauty

The Truth About Cellulite

Shape up in time for summer with the newest and most effective solutions in the quest for smooth skin. By Victoria Kirby