

## **- Zap Those Zits For Good -New Study Reveals FDA Approved Laser Acne Treatment**

**Hackensack, NJ, June 10, 2003** — An estimated 73 - 85% of people between the ages of 12 - 24, 6 - 8% of those between the ages of 25 - 34 and 2 - 4% of people over 35 years of age suffer from acne. Treating and preventing acne can be a distressing and frustrating experience. Even after acne has been successfully treated, the majority of patients are left with unsightly scarring from inflamed acne. These scars have a devastating psychological impact on both teenagers and adults. To date, traditional methods of acne scar treatment have been surgical in nature. Commonly used techniques include skin grafting, skin excisions or dermabrasion. Although these approaches do lead to some type of improvement in acne scarring, they are noted by their 1-2 week post-surgical recovery time (dermabrasion), or the replacement of one scar with another scar (skin grafting or acne scar excision).

### **The Study**

A recent study executed by **Dr. David Goldberg, Board-Certified Dermatologist, Director of the Skin Laser & Surgery Specialists of New York & New Jersey, and Director of Skin Laser Research at NY's Mount Sinai School of Medicine** represents a radical new approach to acne scar treatment. Dr. Goldberg's research has demonstrated that acne scars can be improved without surgery and without recovery. In this study, the CoolTouch laser, a highly popular laser in the treatment of early aging skin, was shown to also improve acne scarring. The current study was based on previously published research in the journal *Dermatologic Surgery* and the *Journal of Cutaneous Laser Surgery*. In those studies, Dr. Goldberg exhibited that the CoolTouch laser, could not only help to improve aging skin in an elegant and non-invasive manner but, more importantly, could lead to new collagen formation in treated patients. The current study, recently accepted for publication in the journal *Dermatologic Surgery*, involved the treatment of patients with acne scarring. All patients were treated three times using the noninvasive CoolTouch laser.

Because the laser produced new collagen at the depth of the treated acne scars, both treated patients and independent observers noted improvement in the depth and appearance of the treated scars. Treatment times took no more than 15 minutes and resulted in no perceptible wound. Because treatments did not involve any breakage in the lasered skin, there were no noted complications.

### **FDA Approval**

Until now acne sufferers have had no non-invasive, cosmetically elegant treatment option for residual scarring. Based in part upon Dr. Goldberg's study and findings, the FDA approved the use of the CoolTouch laser for the treatment of both acne and acne scars on May 12, 2003.

## **About Dr. David Goldberg**

David J. Goldberg, M.D. is a Board-Certified Dermatologist who has been in practice since 1985. The Skin Laser & Surgery Specialists of New York & New Jersey, directed by Dr. Goldberg, have been the site of exciting pioneering FDA research on laser hair removal and skin rejuvenation. Dr. Goldberg has been instrumental in bringing this technology to the public. He is a Clinical Professor, and Director of Laser Research and Mohs Surgery, in the Department of Dermatology at Mount Sinai School of Medicine. He is also a co-Vice-President of the Skin Cancer Foundation. Dr. Goldberg earned his medical degree from Yale University and completed his dermatology residency and dermatologic surgical fellowship at New York University Medical Center. The first recipient of the prestigious Leon Goldman award, Dr. Goldberg has published over 75 academic papers and contributed to 9 academic textbooks.

## **Societies & Memberships**

Chief of Dermatologic Surgery at New Jersey Medical School, Director of Laser Research, Mt. Sinai School of Medicine, Faculty, Fordham University School of Law  
International Society for Dermatologic Surgery, American Society for Dermatologic Surgery , American College of MOHS Micrographic Surgery, American Society for Laser Medicine & Surgery, Medical Advisory Committee of the Skin Cancer Foundation, American Academy of Dermatology , New Jersey Dermatologic Society , Association of Academic Dermatologic Surgeons , Editor in Chief of Lasernews.net , Co-editor in Chief of "Journal of Cosmetic and Laser Therapy", Contributing Editor to "Dermatologic Surgery", Editorial Board member of "Lasers in Surgery and Medicine"

For **before and after photos**, to schedule and interview with Dr. David Goldberg or for more information, contact Christina Calbi at KMR Communications, Inc. 212.213.6444  
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